

CORPORATE PRAYER AND FASTING GUIDE
Week #1 – Friday, January 2 – Thursday, January 8, 2026

Prayer Focus #1 – My personal relationship with the Lord

Prayer Focus #2 – My personal family; our relationship with the Lord and each other

I. My personal relationship with the Lord

The ONE THING Principle

Psalms 27:4 – TPT – “Here’s the one thing I crave from Yahweh, the one thing I seek above all else: I want to live with him every moment in his house, beholding the marvelous beauty of Yahweh, filled with awe, delighting in his glory and grace. I want to contemplate in his temple.”

Increased hunger and thirst for God

Matthew 5:6

KJV – “Blessed are they which do hunger and thirst after righteousness: for they shall be filled.”

MSG – “You’re blessed when you’ve worked up a good appetite for God. He’s food and drink in the best meal you’ll ever eat.”

Psalms 42:2 – TPT – “My soul thirsts, pants, and longs for the living God. I want to come and see the face of God.”

Increased hunger and love for God’s Word

Psalms 119:47 – TPT – “My passion and delight is in your word, for I love what you say to me!”

Psalms 119:72 – TPT – “The words you speak to me are worth more than all the riches and wealth in the whole world!”

Psalms 119:107 – TPT – “I’m bruised and broken, overwhelmed by it all; breathe life into me again by your living word.”

Psalms 119:140 – TPT – “All your promises glow with fire; that’s why I’m a lover of your Word.”

Jeremiah 15:16a – KJV – “Thy words were found, and I did eat them; and thy word was unto me the joy and rejoicing of mine heart”

Increased love and passion for God’s presence (the glory the Shekinah); fellowship with the Lord, my personal altar

Exodus 33:14, 15 – Voice – “**Eternal One:** ¹⁴ My presence will travel with you, and I will give you rest.

Moses: ¹⁵ If Your presence doesn’t travel with me, then don’t lead us away from here.”

James 4:8a

Voice – “Come close to the one true God, and He will draw close to you.”

TPT – “Move your heart closer and closer to God, and he will come even closer to you.”

That I am disciplined and diligent to maintain a strong born-again human spirit; spiritual strength

Proverbs 18:14 – KJV – “The spirit of a man will sustain his infirmity; but a wounded spirit who can bear?”

Isaiah 40:31 – MSG – “But those who wait upon GOD get fresh strength.

They spread their wings and soar like eagles, They run and don’t get tired, they walk and don’t lag behind.”

I Corinthians 14:4 – “Those who speak in an unknown language strengthen themselves.”

Jude 20 – “But you my friends, must progressively fortify yourselves in your most holy faith by praying in the Holy Ghost.”

King Jesus, I am Your Worshipper

Psalms 95:6 – Voice – “Come, let us worship Him. *Everyone* bow down; kneel before the Eternal who made us.”

Psalms 96:9 – TPT – “Come worship the Lord God wearing the splendor of holiness. Let everyone wait in wonder as they tremble in awe before him.”

Revelation 4:10, 11 – TPT – “the twenty-four elders fell facedown before the one seated on the throne and they worshiped the one who lives forever and ever. And they surrendered their crowns before the throne, singing: ¹¹ “You are worthy, our Lord and God, to receive glory, honor, and power, for you created all things, and for your pleasure they were created and exist.”

II. My personal family, our relationship with the Lord and each other

The husband/wife relationship, the family – father, mother, children, grandchildren, etc.

Acts 16:31 – TPT – “They answered, “Believe in the Lord Jesus and you will be saved—you and all your family.”

Ephesians 5:22, 25, 28 – “Wives, submit yourselves unto your own husbands, as unto the Lord. ²⁵ Husbands, love your wives, even as Christ also loved the church, and gave himself for it; ²⁸ So ought men to love their wives as their own bodies. He that loveth his wife loveth himself.”

Ephesians 6:1, 2 – “Children, obey your parents in the Lord: for this is right. ² Honor thy father and mother; which is the first commandment with promise”

Psalms 127:3-5 – TPT – “Children are God’s love-gift; they are heaven’s generous reward. ⁴ Children born to a young couple will one day rise to protect and provide for their parents. ⁵ Happy will be the couple who has many of them! A household full of children will not bring shame on your name but victory when you face your enemies, for your offspring will have influence and honor to prevail on your behalf!”

Deuteronomy 11:18-21 – “Therefore shall ye lay up these my words in your heart and in your soul, and bind them for a sign upon your hand, that they may be as frontlets between your eyes. ¹⁹ And ye shall teach them your children, speaking of them when thou sittest in thine house, and when thou walkest by the way, when thou liest down, and when thou risest up. ²⁰ And thou shalt write them upon the door posts of thine house, and upon thy gates:

²¹ That your days may be multiplied, and the days of your children, in the land which the LORD sware unto your fathers to give them, as the days of heaven upon the earth.”

Proverbs 7:6 – TPT – “Grandparents have the crowning glory of life: grandchildren! And it’s only proper for children to take pride in their parents.”

SHEKINAH REVIVAL MINISTRIES
CORPORATE PRAYER AND FASTING GUIDE

WHAT – a twenty-one day Daniel Fast

WHEN – Friday, January 2 – Thursday, January 22, 2026

There are several types of fasting found in the Scriptures; everything from a partial, one-day fast to a 40 day full fast.

Holy Spirit has directed me to call Shekinah Revival Ministries to a 21-day Daniel Fast with a few additions and instructions.

Food guidelines for a Daniel Fast

Daniel 1:8a, 12b – “But Daniel purposed in his heart that he would not defile himself with the portion of the king's meat, nor with the wine which he drank, ¹²give us pulse to eat, and water to drink.”

Daniel 10:2, 3 – “In those days I Daniel was mourning three full weeks. ³I ate no pleasant bread, neither came flesh nor wine in my mouth, neither did I anoint myself at all, till three whole weeks were fulfilled.”

In addition to eating according to the guidelines of a Daniel Fast, Holy Spirit impressed me to have us consider Sunday and/or Wednesday as water only fasting days.

Effective fasting is Holy Spirit led fasting and praying and fasting with specific purpose and focus.

The three weeks will be divided into three one-week time periods.

Week #1 – Friday, January 2 – Thursday, January 8

Prayer Focus - My personal and my family's relationship with the Lord

Week #2 – Friday, January 9 – Thursday, January 15

Prayer Focus – My church family at Shekinah Revival Ministries

Week #3 – Friday, January 16 – Thursday, January 22

Prayer Focus – 5786 – 2026

Suggestions

1. Let this be a Spirit-led, non-legalistic, non-competitive fast.
2. Allow Holy Spirit to “stretch” you as you follow His fasting instructions for you.
3. Spend extra time in Bible reading, meditation, praise, worship, and prayer, both privately and corporately.
4. For encouragement and strength, read the fasting scriptures and books about fasting and prayer.
5. Consider keeping a journal during the twenty-one days.
6. Each morning, sanctify the day by washing your face and anointing yourself with oil. Matthew 6:17
7. Parents – coach your children as to their involvement.
8. It is recommended that you drink up to one-half of your body weight in ounces of water each day.
9. If you are under a physician’s care and/or are taking medicine, you may consider consulting your physician before fasting.